



PLAYER GUIDELINES FOR RETURN TO VOLLEYBALL

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SCREENING

1. Prior to playing, participants must complete a self-screening test, which will be provided on-site each night. [Screening Checklist](#)
 - If response to **ALL** of the screening questions is **NO**: COVID Screen Negative.
 - If response to **ANY** of the screening questions is **YES**: COVID Screen Positive; you must leave the playing area and head home immediately.

FACILITIES

1. VIVA Volleyball rents facilities from various school boards or private establishments. As tenants, players must respect the standards and rules of each facility.
2. Change rooms will not be available. Participants must arrive ready to play. Outdoor shoes must be left outside of the gymnasium. Personal water bottles & jackets/sweaters/hoodies can be brought in the gymnasium but must be left along the gym walls. Please keep personal items to a minimum.
3. We will have a sanitization desk at each facility for participants to use before, during, and after games.
4. Spectators are not permitted in the facility at this time.
5. All high-touched areas and equipment will be cleaned and disinfected following each group. It is the responsibility of the league supervisor to ensure this is done.

PARTICIPATION

1. Mask are required upon entering the school. Once in the gymnasium, masks are recommended but not required. At the end of the night, when all games are complete, mask are required.
2. Physical distancing must be maintained from players on other courts and from opponents before and following your sets.
3. At the end of the game, teams should verbally acknowledge “good game” to their opponent but must not shake hands or high five one another.
4. Unnecessary contact between participants (handshakes, high-fives, huddles) is discouraged
5. Teams will no longer need to input scores or check the on-site schedule for court details. League supervisor will let teams know which court they play on and will record scores following each set.
6. Only 6 players per team are permitted in the gymnasium per tier.
7. Please do not bring your own volleyballs. Game-balls will be provided. Every set, each court will be provided with a sanitized game-ball. **Official game ball will be MOLTEN V5M5000**

The COVID-19 pandemic has had devastating effects on communities globally, leading to significant restrictions on all sectors of society, including sport. Resumption of sport can significantly contribute to the re-establishment of normality in Canadian society.